

## Prem Rawat Foundation's Peace Education Program Helps Addicts Recover

*The [Peace Education Program](#) has potential to help people across the world recover from opioid addiction and other substance abuse. This new video shows the transformational impact of the program at a halfway house in Pennsylvania.*

The [Peace Education Program](#) (PEP) is helping drug addicts discover the inner strength, hope and contentment they need to get clean and recover with dignity. The success of the program in Wilkes-Barre, Pa. at the James A. Casey House demonstrates the potential of the innovative workshops to help caregivers across the world combat the opioid epidemic.

The opioid crisis has hit the United States especially hard, with more than 115 people dying every day from overdoses. The catastrophe costs the economy nearly \$100 billion a year — and the emotional cost to families and loved ones is immeasurable.

The Casey House is the premiere halfway house in the devastated blue-collar town of Wilkes-Barre, offering programs to help addicts get sober, find jobs and develop the life skills they need to stay clean. PEP complements the other services there by encouraging clients to explore their inherent strengths and live with a rejuvenated sense of empowerment, dignity and peace.

“The program fits pretty neatly into what we’re doing, as the philosophy is one of reaching inside for what is valuable, beautiful and miraculous at a time when these guys are really broken,” says Kaki Sjogren, a social worker at the Casey House.

The PEP workshops feature video excerpts of program Founder Prem Rawat talking about themes such as self-awareness, choice and inner strength. “No program can bring peace, because peace does not come from outside. Peace is in you,” he says. “What the Peace Education Program really does is put you in touch with you, and then the door of the heart opens and peace is felt.”

Mark West, a Casey House client, says the inspiring sessions have helped him get sober and make better choices in life. “Prem’s message is real and it’s genuine, even for guys like me, who came from a broken home, and have been in and out of jail. I’m getting back to being alive again without having to look for peace from substances or alcoholism.”

Eric Willing, another client at the Casey House, also says the workshops have been instrumental in his recovery.



“I always thought before I listened to Prem Rawat that peace was something that we had to find outside. I realize now that peace is from within. It has changed my view on life,” he says. “Addiction is a daily struggle for me. But if we can only put half of the energy that we put into our recovery in to something like the Peace Education Program, we

would never fail. We would never relapse.”

The Prem Rawat Foundation makes the Peace Education Program, which is non-religious and non-sectarian, available for individuals and organizations at no charge. In addition to treatment centers, the program has been offered at a wide variety of other diverse institutions, from correctional facilities to universities, corporations, hospitals and more, benefiting thousands of people in 84 countries.

[Learn more about PEP here.](#)

