



## How to start a PEP

The Peace Education Program (PEP) consists of 10 sessions, each focusing on a particular theme. These customized, interactive workshops are non-religious and non-sectarian. The content of each theme is based on excerpts from Prem Rawat's international talks. The themes are: **Peace, Appreciation, Inner Strength, Self-Awareness, Clarity, Understanding, Dignity, Choice, Hope, and Contentment.**

Getting started information for individuals and organizations wishing to use the Peace Education Program is provided on the PEP page of The Prem Rawat Foundation (TPRF) website: [tprf.org/programs/peace-education-program](http://tprf.org/programs/peace-education-program). A general review of the TPRF website ([www.tprf.org](http://www.tprf.org)) will provide valuable information and perspective for prospective PEP facilitators.

At least 10 days ahead of the PEP start date, each first-time PEP facilitator or organization must submit the online PEP registration at: [tprf.formstack.com/forms/information\\_form](http://tprf.formstack.com/forms/information_form) . Once the registration is received, instructions on how to obtain the course materials will be provided.

If you have any questions about this process, please email the Help Desk: [pep@tprf.org](mailto:pep@tprf.org)